

The College Motto Award 2008

Dr. SARAH GEORGE EMMANUEL (1982)

The College Motto Award, instituted by the class of 1949, aims to recognize and acclaim each year the member of the silver jubilee (or 25th year) reunion batch whose life and work, in the opinion of his/her classmates, has best exemplified CMC's motto, "not to be served but to serve". In this third year after its institution, this award is presented to Dr. Sarah George Emmanuel of the class of 1983.

Sarah received her training in Medicine at the Christian Medical College, Vellore from 1983 to 1989. Following the strong family tradition of service to the church and the community, Sarah offered herself for service in Christian institutions of health care. And in this, she found a soul mate in her husband Dr. Emmanuel Fitzlal Kishore, an alumnus of CMC and a qualified Paediatrician. Recognising the need for further training in community oriented health care, Sarah took the degree of MD in Community Health in 2003, also from Vellore.

Since then Sarah and Kishore have been working at the Christa Mitra Ashram Hospital, Ankola. Ankola is a small town in North Karnataka with minimal medical and educational facilities. The hospital, attached to a Christian ashram, was on the verge of closure when Sarah and Kishore responded to its need. They are the only doctors in this 40 bed hospital and between them they deal with all manner of illnesses, being on call all day, all week and round the year. Sarah concentrates primarily on hospital-based adult medicine and preventive health. She also provides quality antenatal care and conducts deliveries including complicated ones.

On the modest salaries of this faith based institution, this dedicated couple finds their rewards in serving rather than in being served. For their steadfast and self-denying commitment to service in the spirit of their alma mater, the CMC Alumni Association is honoured to present the College Motto Award of 2008 to

Dr. SARAH GEORGE EMMANUEL

Awarded at the Annual Alumni Reunion in Vellore on 9th of August 2008